

Using a Solution-focused approach to case conference meetings

- Short-term, goal-focused, future oriented
- Focus on constructing solutions, rather than analysing causes of problems
- Elements of desired solution often already present in student's life
- How do we want things to be different?
- What will it take to make this happen?
- Envision a clear and detailed picture of how student's situation will look when things are better
- Focus on student's strengths and resources
- Support student and family to recognise how to use resources to bring about change
- "Action plan" should prioritise goals that are manageable and achievable in short-term.

(Adapted from Brief Therapy Institute of Sydney:
<http://www.brieftherapysydney.com.au/btis/brief.html>)